

Goal Setting & Personal Development

**Join us for 4 half day
workshops**



Kiwi Resolutions Ltd
Reducing Conflict, Finding Solutions

An opportunity to develop:

Effective communication skills

Your self-esteem & problem solving

A personal development plan

Better ways of managing challenging situations



**Sessions will run from 13.30
to 16.30 in the education
block during February, April
and May**

**Speak to your key worker to
book on**