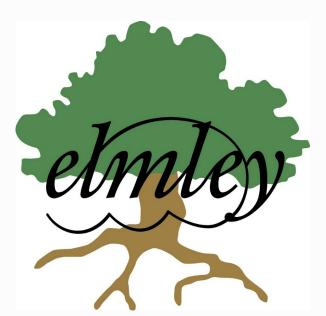
Goal Setting & Personal Development

Join us for 4 half day workshops



An opportunity to develop:

Effective communication skills
Your self-esteem & problem solving
A personal development plan
Better ways of managing challenging situations



Sessions will run from 13.30 to 16.30 in the education block during February, April and May

Speak to your key worker to book on